



HOLY HABITS

DELIBERATE ACTS OF KINDNESS

What the Lord has
been saying is . . .



- If you want to grow like the early church did, you should do what the early church did
- They (all of them) went out (daily) and preached (everywhere) and the Lord worked with them with signs following.

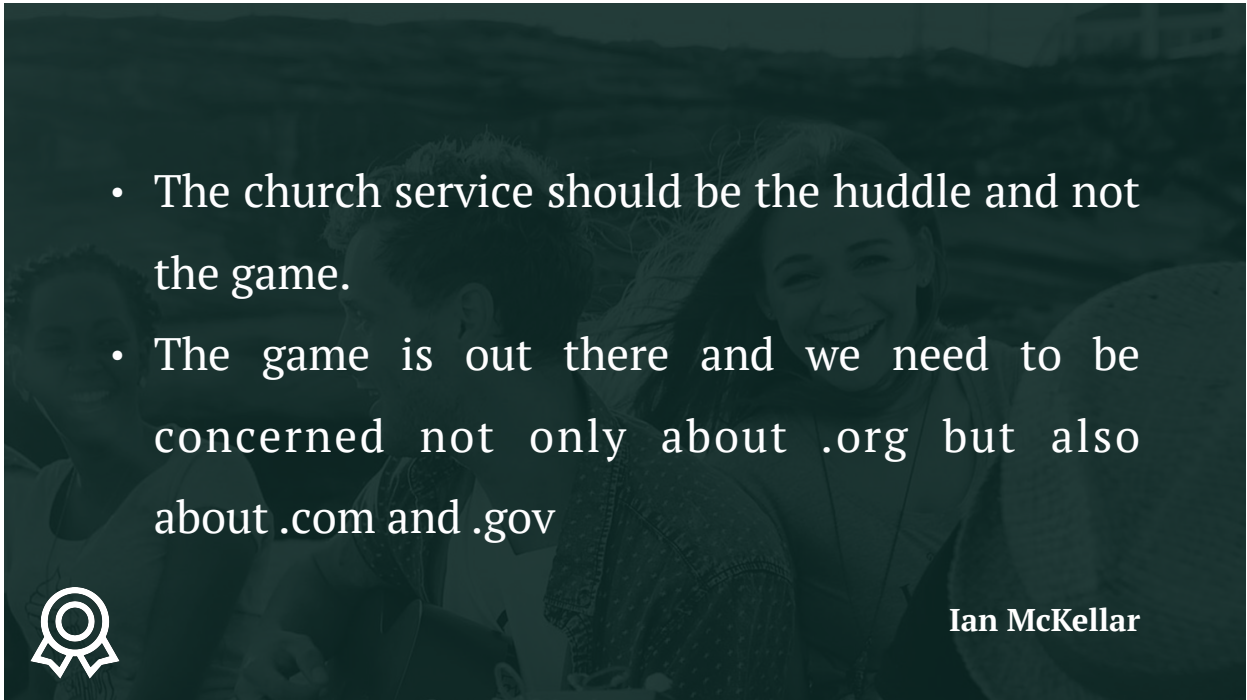


Bruce Wilkinson

- We are called to change the way we view things
- When we face challenges it is the Lord's invitation for an upgrade
- “Who can God be to be in this that I never understood before?”

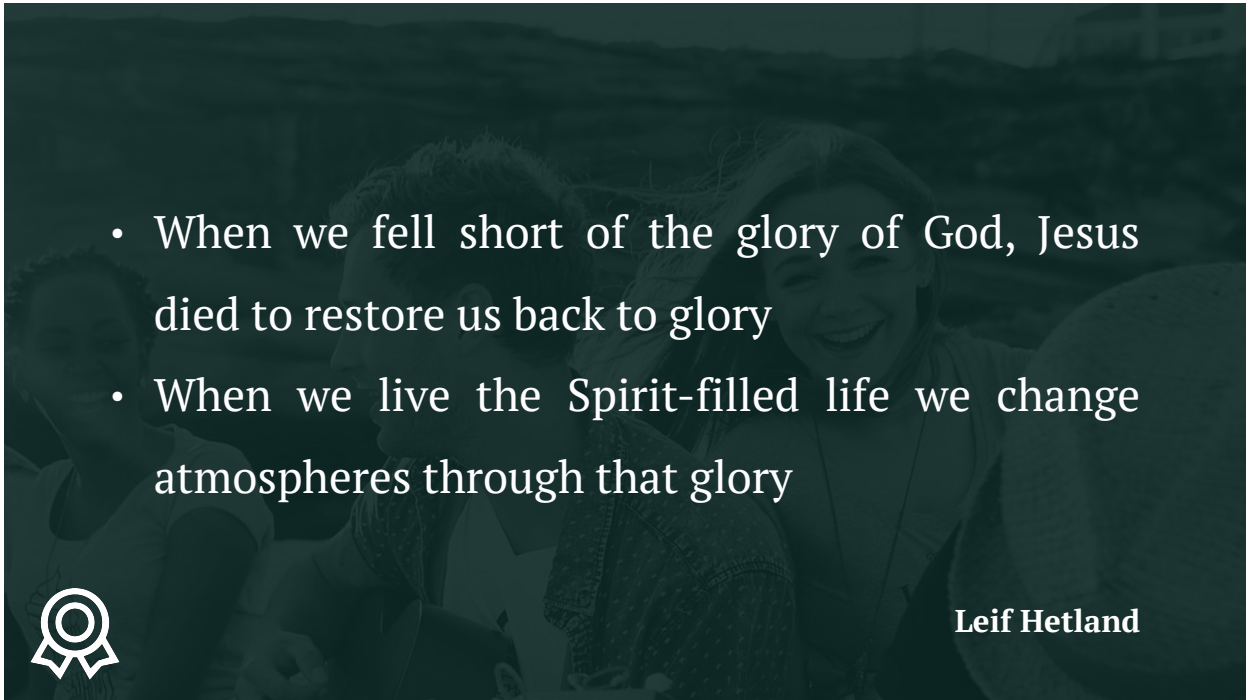


Graham Cooke

- 
- The church service should be the huddle and not the game.
 - The game is out there and we need to be concerned not only about .org but also about .com and .gov



Ian McKellar

- 
- When we fell short of the glory of God, Jesus died to restore us back to glory
 - When we live the Spirit-filled life we change atmospheres through that glory



Leif Hetland

- How can we get everyone, preaching everywhere, regularly?
- What will help everyone to a new view of God?
- Can we make the services the equipping time for the “game” out there called life?
- How do we change atmospheres with glory?



Responding to the preachers God sends

The water we
swim in



“There are these two young fish swimming along and they happen to meet an older fish swimming the other way, who nods at them and says ‘Morning, boys. How’s the water?’” the writer David Foster Wallace told a class of graduating college students in 2005. “And the two young fish swim on for a bit, and then eventually



Charles Duhigg - The Power of Habit

one of them looks over at the other and goes ‘What is water?’” The water is habits, the unthinking choices and invisible decisions that surround us every day—and which, just by looking at them, become visible again.



Charles Duhigg - The Power of Habit

“The process - in which the brain converts a sequence of actions into an automatic routine - is known as “chunking,” and its at the root of how habits form.

There are dozens - if not hundreds - of behavioral chunks that we rely on every day.”



Charles Duhigg - The Power of Habit

“Habits, scientists say, emerge because the brain is constantly looking for ways to save effort. Left to its own devices, the brain will try to make almost any routine into a habit, because habits allow our minds to ramp down more often. This effort-saving instinct is a huge advantage.”



Charles Duhigg - The Power of Habit

Keystone Habits



“Some habits matter more than others in remaking businesses and lives. These are Keystone habits and they can influence how people work, eat, play, live, spend and communicate. Keystone habits start a process that over time transform everything. keystone habits rely on identifying a few key priorities and fashioning them into powerful levers.”



Charles Duhigg - The Power of Habit

The habit of Kindness

Deliberate acts of kindness in Jesus name



Kindness is a natural
product of the in-
dwelling Holy Spirit



22 But the fruit of the Spirit is love, joy, peace,
forbearance, kindness, goodness, faithfulness,
23 gentleness and self-control. Against such things
there is no law.



Galatians 5:22-23

22 But the fruit of the Spirit is love, joy, peace,
forbearance, kindness, goodness, faithfulness,
23 gentleness and self-control. Against such things
there is no law.



Galatians 5:22-23

God's kindness leads us to repentance



4 Don't you realize how patient he is being with you? Or don't you care? Can't you see that he has been waiting all this time without punishing you, to give you time to turn from your sin? His kindness is meant to lead you to repentance.



Romans 2:4-5 Living Bible

4 Don't you realize how patient he is being with you? Or don't you care? Can't you see that he has been waiting all this time without punishing you, to give you time to turn from your sin? His kindness is meant to lead you to repentance.



Romans 2:4-5 Living Bible

We were instructed
to be kind with our
preaching



24 And the Lord's servant must not be quarrelsome but must be kind to everyone, able to teach, not resentful. 25 Opponents must be gently instructed, in the hope that God will grant them repentance leading them to a knowledge of the truth,

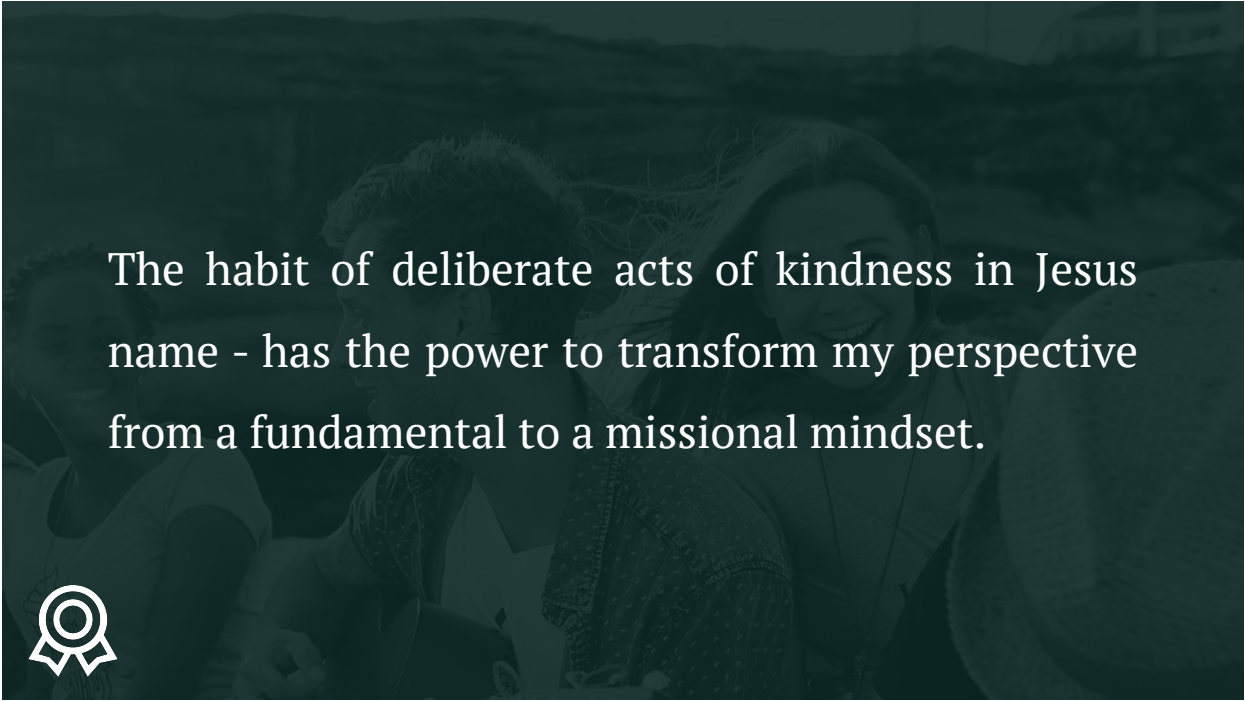


2 Timothy 2:24-25

24 And the Lord's servant must not be quarrelsome but must be kind to everyone, able to teach, not resentful. 25 Opponents must be gently instructed, in the hope that God will grant them repentance leading them to a knowledge of the truth,



2 Timothy 2:24-25

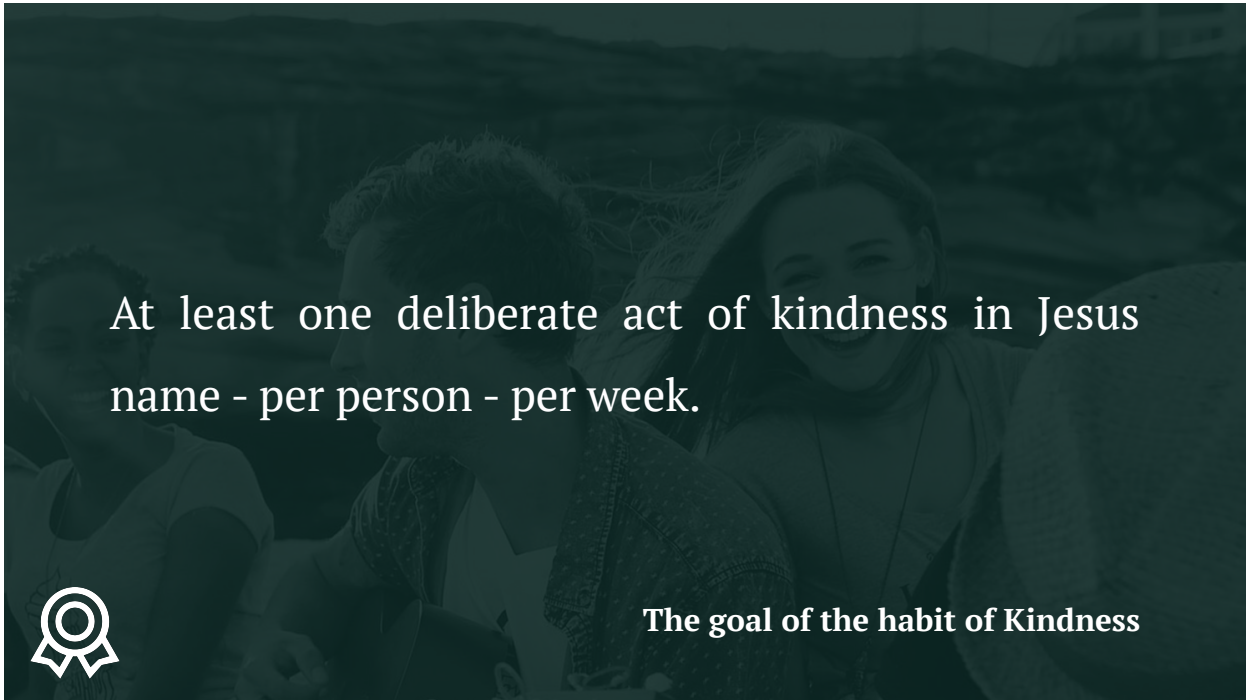


The habit of deliberate acts of kindness in Jesus name - has the power to transform my perspective from a fundamental to a missional mindset.



The goal of the
habit of Kindness






At least one deliberate act of kindness in Jesus
name - per person - per week.



The goal of the habit of Kindness



Guidelines around the habit of Kindness



- Be led by the Holy Spirit
- Be quick to do it in Jesus name (otherwise people will question your motives)
- Beware the ME monster
- A habit of Kindness does not remove boundaries
- Kindness is its own reward



Guidelines around the habit of Kindness



HOLY HABITS

DELIBERATE ACTS OF KINDNESS