





PHILIPPIANS 4:10-14 MSG

I'm glad in God, far happier than you would ever guess—happy that you're again showing such strong concern for me. Not that you ever quit praying and thinking about me. You just had no chance to show it. Actually, I don't have a sense of needing anything personally. I've learned by now to be quite content whatever my circumstances. I'm just as happy with little as with much, with much as with little. I've found the recipe for being happy whether full or hungry, hands full or hands empty. Whatever I have, wherever I am, I can make it through anything in the One who makes me who I am.

RECIPE FOR HAPPINESS

There is a story about a schoolboy who was asked what he thought God was like. He replied that, as far as he could make out, God was 'the sort of person who is always snooping around to see if anyone is enjoying himself and then trying to stop it'. And I am afraid that is the sort of idea that the word Morality raises in a good many people's minds: something that interferes, something that stops you having a good time. In reality, moral rules are directions for running the human machine.

Quotes from Mere Christianity, Part 33
C.S. Lewis, Christian Behavior, Part 3 of Mere Christianity (1952; Harper Collins edition 2001)

Every moral rule is there to prevent a breakdown, or a strain, or a friction, in the running of that machine. That is why these rules at first seem to be constantly interfering with our natural inclinations. When you are being taught how to use any machine, the instructor keeps on saying, 'No, don't do it like that,' because, of course, there are all sorts of things that look all right and seem to you the natural way of treating the machine, but do not really work. Quotes from Mere Christianity, Part 33

C.S. Lewis, Christian Behavior, Part 3 of Mere Christianity (1952; Harper Collins edition 2001)

RECIPE FOR HAPPINESS

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1 CORINTHIANS 3:21-23 - 4:1-4

So then, no more boasting about human leaders! All things are yours, whether Paul or Apollos or Cephas or the world or life or death or the present or the future—all are yours, and you are of Christ, and Christ is of God. This, then, is how you ought to regard us: as servants of Christ and as those entrusted with the mysteries God has revealed. Now it is required that those who have been given a trust must prove faithful. I care very little if I am judged by you or by any human court; indeed, I do not even judge myself. My conscience is clear, but that does not make me innocent. It is the Lord who judges me.

GENESIS 1:27 ESV

So God created man in his own image, in the image of God he created him; male and female he created them.

RECIPE FOR HAPPINESS

GENESIS 3:1-7 ESV

Now the serpent was more crafty than any other beast of the field that the LORD God had made. He said to the woman, "Did God actually say, 'You shall not eat of any tree in the garden'?" And the woman said to the serpent, "We may eat of the fruit of the trees in the garden, but God said, 'You shall not eat of the fruit of the tree that is in the midst of the garden, neither shall you touch it, lest you die." But the serpent said to the woman, "You will not surely die.

GENESIS 3:1-7 ESV

For God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate, and she also gave some to her husband who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked. And they sewed fig leaves together and made themselves loincloths.

RECIPE FOR HAPPINESS

2 CORINTHIANS 3:16-18 ESV

But when one turns to the Lord, the veil is removed. Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. And we all, with unveiled face, beholding the glory of the Lord, are being transformed into the same image from one degree of glory to another. For this comes from the Lord who is the Spirit.

2 CORINTHIANS 3:16-18 ESV

...knowing that you were ransomed from the futile ways inherited from your forefathers, not with perishable things such as silver or gold, but with the precious blood of Christ, like that of a lamb without blemish or spot.

RECIPE FOR HAPPINESS

EPHESIANS 2:8-10 NLT

God saved you by his grace when you believed. And you can't take credit for this; it is a gift from God. Salvation is not a reward for the good things we have done, so none of us can boast about it. For we are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.

PSALMS 16:6-8 ESV

The lines have fallen for me in pleasant places; indeed, I have a beautiful inheritance. I bless the Lord who gives me counsel; in the night also my heart instructs me. I have set the Lord always before me; because he is at my right hand, I shall not be shaken.

