

TRY THIS AT HOME 2
Secrets of the Psalmist

25 JUNE 2017 | Greg Haswell

7 That day David first appointed Asaph and his associates to give praise to the Lord **in this manner**:. . . 28 Ascribe to the LORD, O families of nations, ascribe to the LORD glory and strength, 29 ascribe to the LORD the glory due his name. Bring an offering and come before him; worship the LORD in the splendor of his holiness.

1 CHRONICLES 16:7, 28-29

- v1 - v23 taken from portions of Psalm 105 from v1 on
- v23 - v33 is Psalm 96th (Whole Psalm)
- v34 is taken from Psalm 136:1 and others
- v35 - v36 from the end of Psalm 106

AN AMALGAMATED PSALM

Ascribe to the LORD, O mighty ones, ascribe to the LORD glory and strength 2 Ascribe to the LORD the glory due his name; worship the LORD in the splendor of his holiness.

PSALM 29:1, PSALM 96:7

**If you have the heart of a free person
but the mind of a slave
you will not live like an overcomer**

DELIVERANCE FROM EGYPT

THE OATH TO ABRAHAM

7 He also said to him, "I am the Lord, who brought you out of Ur of the Chaldeans to give you this land to take possession of it."8 But Abram said, "Sovereign Lord, how can I know that I will gain possession of it?"

GENESIS 15:7-8

GOD REMEMBERED HIS OATH

16 "Go, assemble the elders of Israel and say to them, 'The Lord, the God of your fathers—the God of Abraham, Isaac and Jacob—appeared to me and said: I have watched over you and have seen what has been done to you in Egypt.

17 And I have promised to bring you up out of your misery in Egypt into the land of the Canaanites, Hittites, Amorites, Perizzites, Hivites and Jebusites—a land flowing with milk and honey.'

EXODUS 3:16-17

Exodus 13:5 - the land he swore to your ancestors to give you

Exodus 32:13 - this land I promised them

Numbers 14:30 - the land I swore with uplifted hand to make your home

Deuteronomy 1:8 - the land the Lord swore he would give to your fathers

Deuteronomy 6:10 - the land he swore to your fathers to give you

Deuteronomy 7:13 - in the land he swore to your ancestors to give you.

Deuteronomy 10:11 - the land I swore to their ancestors to give them

Deuteronomy 11:21 - in the land the Lord swore to give your ancestors

Deuteronomy 26:3 - the land the Lord swore to our
ancestors to give us

Deuteronomy 28:11 - in the land he swore to your ancestors
to give you

Deuteronomy 30:20 - in the land he swore to give to your
fathers

Deuteronomy 31:7 - the land that the Lord swore to their
ancestors

**THEY SAW GOD'S
VISIBLE PRESENCE**

After leaving Succoth they camped at Etham on the edge of the desert. 21 By day the LORD went ahead of them in a pillar of cloud to guide them on their way and by night in a pillar of fire to give them light, so that they could travel by day or night. 22 Neither the pillar of cloud by day nor the pillar of fire by night left its place in front of the people.

NUMBERS 14:19-23

AT THE RED SEA

10 As Pharaoh approached, the Israelites looked up, and there were the Egyptians, marching after them. They were terrified and cried out to the LORD. 11 They said to Moses, "Was it because there were no graves in Egypt that you brought us to the desert to die? What have you done to us by bringing us out of Egypt? 12 Didn't we say to you in Egypt, 'Leave us alone; let us serve the Egyptians'? It would have been better for us to serve the Egyptians than to die in the desert!"

EXODUS 14:10-12

AT MARAH

WHEN THEY WERE THIRSTY

22 Then Moses led Israel from the Red Sea and they went into the Desert of Shur. For three days they traveled in the desert without finding water. 23 When they came to Marah, they could not drink its water because it was bitter. (That is why the place is called Marah. 24 So the people grumbled against Moses, saying, "What are we to drink?"

EXODUS 15:22-24

**AT DESERT OF SIN
THEY WERE HUNGRY**

2 In the desert the whole community grumbled against Moses and Aaron. 3 The Israelites said to them, "If only we had died by the LORD's hand in Egypt! There we sat around pots of meat and ate all the food we wanted, but you have brought us out into this desert to starve this entire assembly to death."

EXODUS 16:2-3

**AT REPHIDIM
WHEN THEY HAD
NO WATER TO DRINK**

1 They camped at Rephidim, but there was no water for the people to drink. 2 So they quarreled with Moses and said, "Give us water to drink." Moses replied, "Why do you quarrel with me? Why do you put the LORD to the test?"³ But the people were thirsty for water there, and they grumbled against Moses. They said, "Why did you bring us up out of Egypt to make us and our children and livestock die of thirst?"

EXODUS 17:1-3

**2ND TIME AT REPHIDIM
WHEN THEY HAD NO
WATER TO DRINK**

2 Now there was no water for the congregation; so they gathered together against Moses and Aaron. 3 And the people contended with Moses and spoke, saying: "If only we had died when our brethren died before the LORD! 4 Why have you brought up the assembly of the LORD into this wilderness, that we and our animals should die here? 5 And why have you made us come up out of Egypt, to bring us to this evil place? It is not a place of grain or figs or vines or pomegranates; nor is there any water to drink."

NUMBERS 20:2-5

**AT MOUNT HOR
WHEN THEY HAD TO
TAKE THE LONG WAY**

4 They traveled from Mount Hor along the route to the Red Sea, to go around Edom. But the people grew impatient on the way; 5 they spoke against God and against Moses, and said, "Why have you brought us up out of Egypt to die in the desert? There is no bread! There is no water! And we detest this miserable food!"

**AT HOREB AFTER THE SPIES
REPORTED BACK**

26“Nevertheless you would not go up, but rebelled against the command of the Lord your God; 27 and you complained in your tents, and said, ‘Because the Lord hates us, He has brought us out of the land of Egypt to deliver us into the hand of the Amorites, to destroy us.

DEUTERONOMY 1:26-27

1 That night all the people of the community raised their voices and wept aloud. 2 All the Israelites grumbled against Moses and Aaron, and the whole assembly said to them, "If only we had died in Egypt! Or in this desert! 3 Why is the LORD bringing us to this land only to let us fall by the sword? Our wives and children will be taken as plunder. Wouldn't it be better for us to go back to Egypt?" 4 And they said to each other, "We should choose a leader and go back to Egypt."

**If you have the heart of a free person
but the mind of a slave
you will not live like an overcomer
and it will keep you
from God's promises**

**THEIR PERSISTENT UNBELIEF
TESTED GOD**

21 Nevertheless, as surely as I live and as surely as the glory of the Lord fills the whole earth, 22 not one of those who saw my glory and the signs I performed in Egypt and in the wilderness but who disobeyed me and tested me ten times— 23 not one of them will ever see the land I promised on oath to their ancestors. No one who has treated me with contempt will ever see it.

NUMBERS 14:21-23

**ACCORDING TO YOUR FAITH
AND CONFESSION IT WILL
BE ESTABLISHED**

27 I have heard the complaints of these grumbling Israelites. 28 So tell them, 'As surely as I live, declares the LORD, I will do to you the very things I heard you say: 29 In this desert your bodies will fall—every one of you twenty years old or more who was counted in the census and who has grumbled against me.

NUMBERS 14:27-29

**But I'm facing some very real
circumstances here**

Secrets of the Psalmist

Describe - Ascribe - Prescribe

- **DESCRIBE** - Write about the facts you are facing, your current circumstances
- **YOU** - This includes your fears, failures, frustrations, friends
- **THEM** - It also describes the actions, words and plans of those who would hurt you
- **HIM** - Sometimes it even voices concerns about the Lord

- **ASCRIBE** - Give God the glory due His name - declare what you know the scriptures say about Him, try to exaggerate His goodness or greatness
- **HIS NATURE** - Declare who He is, focus on His attributes
- **HIS WORKS** - Remember what He has done for you, those you know, and those you've read about
- **HIS WORDS** - Remember what He has said and promised

- **PRESCRIBE** - This is a mixture of Petitions, prayers, memories of previous encounters, story telling, history lessons, declarations and testimonies
- **YOUR DESIRES** - Ask for hoped for outcomes
- **THOSE WHO OPPOSE YOU** - Prayer for them, blessings you can pronounce, that evil will fail, that the crisis will dissipate
- **HIS FAME** - Pray for an outcome that brings Him glory

PSALM 31

DESCRIBE - THE CIRCUMSTANCES

9 Be merciful to me, Lord, for I am in distress; my eyes grow weak with sorrow, my soul and body with grief. 10 My life is consumed by anguish and my years by groaning; my strength fails because of my affliction, and my bones grow weak. 11 Because of all my enemies, I am the utter contempt of my neighbors and an object of dread to my closest friends— those who see me on the street flee from me. 12 I am forgotten as though I were dead; I have become like broken pottery. 13 For I hear many whispering, "Terror on every side!" They conspire against me and plot to take my life.

PSALM 31:9-13

PSALM 31

ASCRIIBE - GREATNESS TO GOD

14 But I trust in you, Lord; I say, "You are my God." 15 My times are in your hands; deliver me from the hands of my enemies, from those who pursue me. 16 Let your face shine on your servant; save me in your unfailing love. . . . 19 How abundant are the good things that you have stored up for those who fear you, that you bestow in the sight of all, on those who take refuge in you. 20 In the shelter of your presence you hide them from all human intrigues; you keep them safe in your dwelling from accusing tongues.

PSALM 31:14-16, 19-20

PSALM 31

PRESCRIBE - WHAT YOU KNOW

1 In you, Lord, I have taken refuge; let me never be put to shame; deliver me in your righteousness. 2 Turn your ear to me, come quickly to my rescue; be my rock of refuge, a strong fortress to save me. 3 Since you are my rock and my fortress, for the sake of your name lead and guide me. 4 Keep me free from the trap that is set for me, for you are my refuge. 5 Into your hands I commit my spirit; deliver me, Lord, my faithful God. 6 I hate those who cling to worthless idols; as for me, I trust in the Lord. 7 I will be glad and rejoice in your love, for you saw my affliction and knew the anguish of my soul. 8 You have not given me into the hands of the enemy but have set my feet in a spacious place.

PSALM 31:1-8

PSALM 3

DESCRIBE - THE CIRCUMSTANCES

1 Lord, how many are my foes! How many rise up
against me! 2 Many are saying of me, "God will not
deliver him."

PSALM 3:91-2

PSALM 3

ASCRIIBE - GREATNESS TO GOD

3 But you, Lord, are a shield around me, my glory, the One who lifts my head high. 4 I call out to the Lord, and he answers me from his holy mountain. 5 I lie down and sleep; I wake again, because the Lord sustains me. 6 I will not fear though tens of thousands assail me on every side.

PSALM 3:3-6

PSALM 3

PRESCRIBE - WHAT YOU KNOW

7 Arise, Lord! Deliver me, my God! Strike all my enemies on the jaw; break the teeth of the wicked. 8 From the Lord comes deliverance. May your blessing be on your people.

PSALM 86

DESCRIBE - THE CIRCUMSTANCES

Arrogant foes are attacking me, O God; ruthless people are trying to kill me— they have no regard for you.

PSALM 86:14

PSALM 86

ASCRIIBE - GREATNESS TO GOD

5 You, Lord, are forgiving and good, abounding in love to all who call to you. . . . 15 But you, Lord, are a compassionate and gracious God, slow to anger, abounding in love and faithfulness. 16 Turn to me and have mercy on me; show your strength in behalf of your servant;

PSALM 86:5, 15-16

PSALM 86

PRESCRIBE - WHAT YOU KNOW

1 Hear me, Lord, and answer me, for I am poor and needy. 2 Guard my life, for I am faithful to you; save your servant who trusts in you. You are my God; 3 have mercy on me, Lord, for I call to you all day long. 4 Bring joy to your servant, Lord, for I put my trust in you. . . . 11 Teach me your way, Lord, that I may rely on your faithfulness; give me an undivided heart, that I may fear your name.

PSALM 86:1-4,11

Secrets of the Psalmist

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- Give praise to the Lord,
- proclaim his name
- make known among the nations what he has done.
- sing to him
- sing praise to him
- tell of all his wonderful acts.
- Glory in his holy name
- let the hearts of those who seek the Lord rejoice.
- Look to the Lord and his strength;
- seek his face always.
- Remember His wonders, miracles, and judgments

- Sing to the Lord
- proclaim his salvation day after day.
- Declare his glory among the nations
- Ascribe to the Lord, glory and strength.
- Ascribe to the Lord the glory due his name;
- bring an offering and come before him.
- Worship the Lord in the splendor of his holiness.
- Tremble before him, all the earth!
- Let the heavens rejoice
- say among the nations, "The Lord reigns!"

- let the fields be jubilant, and everything in them
- Give thanks to the Lord, for he is good; his love endures forever.
- Cry out, "Save us, God our Savior; gather us and deliver us from the nations, that we may give thanks to your holy name, and glory in your praise.