



a Thrill of **HOPE** *for the Hurting*

Anxious concern and doubtful mind

25 "Therefore I tell you, **do not worry about your life**, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? 26 Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father

MATTHEW 6:25-34

feeds them. Are you not much more valuable than they? 27 Can any one of you **by worrying** add a single hour to your life? 31 **So do not worry,** saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' 32 For the pagans run after all these things, and your

MATTHEW 6:25-34

heavenly Father knows that you need them. 33
But seek first his kingdom and his righteousness,
and all these things will be given to you as well.
34 Therefore do not worry about tomorrow, for
tomorrow will worry about itself. Each day has
enough trouble of its own.

MATTHEW 6:25-34

Refrain from anger and turn from wrath; **do not fret**—it leads only to evil.

PSALM 37:8

Your Father knows your need.

8 Do not be like them, for **your Father knows what you need** before you ask him. 32 For the pagans run after all these things, and **your heavenly Father knows that you need them. . . .**

30 For the pagan world runs after all such things, and **your Father knows that you need them.**

MATTHEW 6:8,32, LUKE 12:30

If any of you lacks wisdom, you should ask God,
who gives generously to all without finding fault,
and it will be given to you.

JAMES 1:5

Command those who are rich in this present world not to be arrogant nor to put their hope in wealth, which is so uncertain, but to put their hope in God, who richly provides us with everything for our enjoyment.

1 TIMOTHY 6:17



ASK

7 "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. 8 For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened. 9 "Which of you, if your son asks for bread, will give him a stone? 10 Or if he

MATTHEW 7:7-11

asks for a fish, will give him a snake? 11 If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!

MATTHEW 7:7-11

The background is a dark, almost black, textured surface. It features a complex pattern of faint, overlapping circular lines and arcs, creating a sense of depth and movement. In the center, there is a prominent cluster of small, golden-yellow particles, resembling a nebula or a star cluster, which adds a focal point and a sense of light to the otherwise dark scene.

BELIEVE

Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.

MARK 11:24

6 But **when you ask**, you must **believe** and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind. 7 That person should not expect to receive anything from the Lord. 8 Such a person is double-minded and unstable in all they do.

JAMES 1:6-8

The image features a dark, almost black, textured background. It is overlaid with a complex pattern of faint, thin, light-colored lines that form a series of overlapping circles and arcs, creating a grid-like or orbital structure. In the center of the image, there is a prominent cluster of small, golden-yellow particles or dust, which appears to be the focal point of the design. The overall aesthetic is scientific or cosmic, suggesting a theme of exploration, discovery, or knowledge.

KNOW

14 This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. 15 And if we know that he hears us—whatever we ask—we know that we have what we asked of him.

1 JOHN 5:14-15