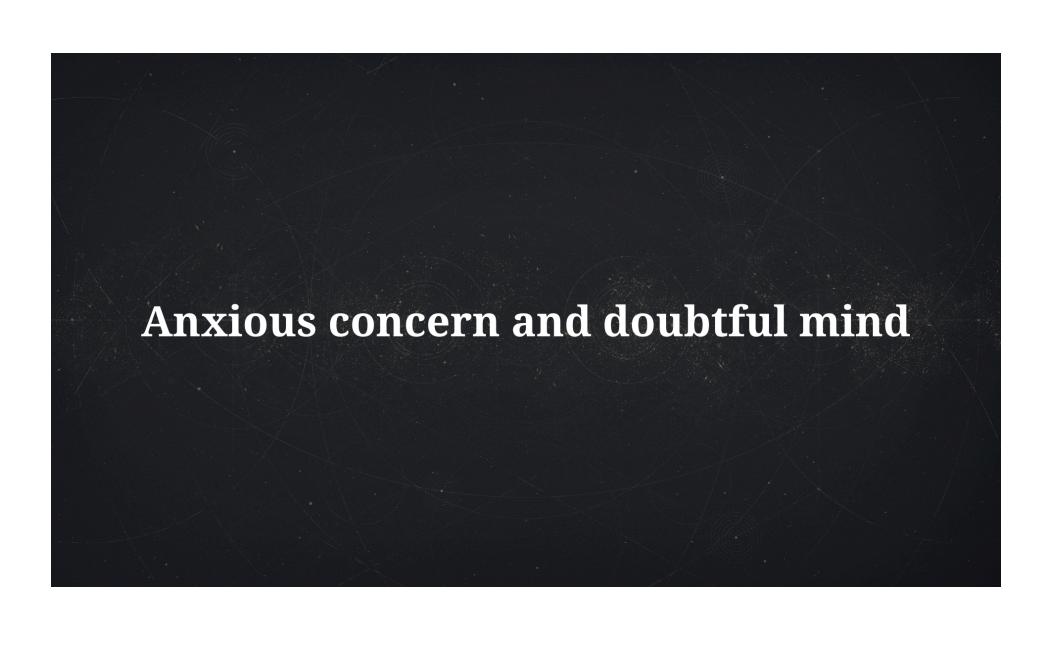
## $\cdot a$ Thill of $\stackrel{>}{H}$ O P E for the Hurting



25 "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? 26 Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father

**MATTHEW 6:25-34** 

feeds them. Are you not much more valuable than they? 27 Can any one of you by worrying add a single hour to your life? . . . . 31 So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' 32 For the pagans run after all these things, and your

**MATTHEW 6:25-34** 

heavenly Father knows that you need them. 33
But seek first his kingdom and his righteousness,
and all these things will be given to you as well.
34 Therefore do not worry about tomorrow, for
tomorrow will worry about itself. Each day has
enough trouble of its own.

**MATTHEW 6:25-34** 

Refrain from anger and turn from wrath; do not fret—it leads only to evil.

**PSALM 37:8** 



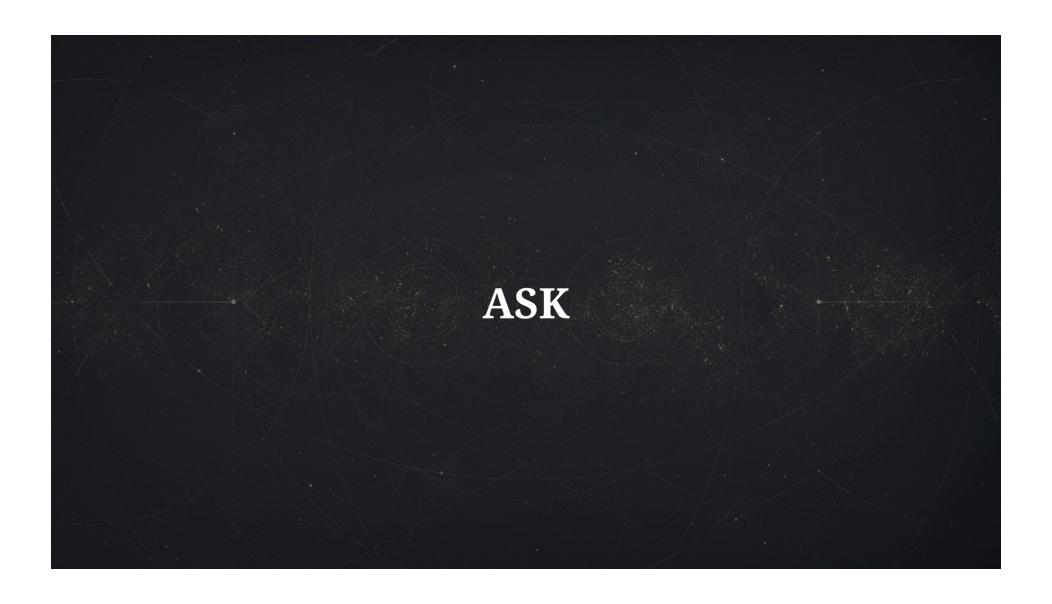
8 Do not be like them, for your Father knows what you need before you ask him. . . . . 32 For the pagans run after all these things, and your heavenly Father knows that you need them. . . . . 30 For the pagan world runs after all such things, and your Father knows that you need them.

MATTHEW 6:8,32, LUKE 12:30

If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.

Command those who are rich in this present world not to be arrogant nor to put their hope in wealth, which is so uncertain, but to put their hope in God, who richly provides us with everything for our enjoyment.

**1 TIMOTHY 6:17** 



7 "Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. 8 For everyone who asks receives; the one who seeks finds; and to the one who knocks, the door will be opened. 9 "Which of you, if your son asks for bread, will give him a stone? 10 Or if he

**MATTHEW 7:7-11** 

asks for a fish, will give him a snake? 11 If you, then, though you are evil, know how to give good gifts to your children, how much more will your Father in heaven give good gifts to those who ask him!

**MATTHEW 7:7-11** 

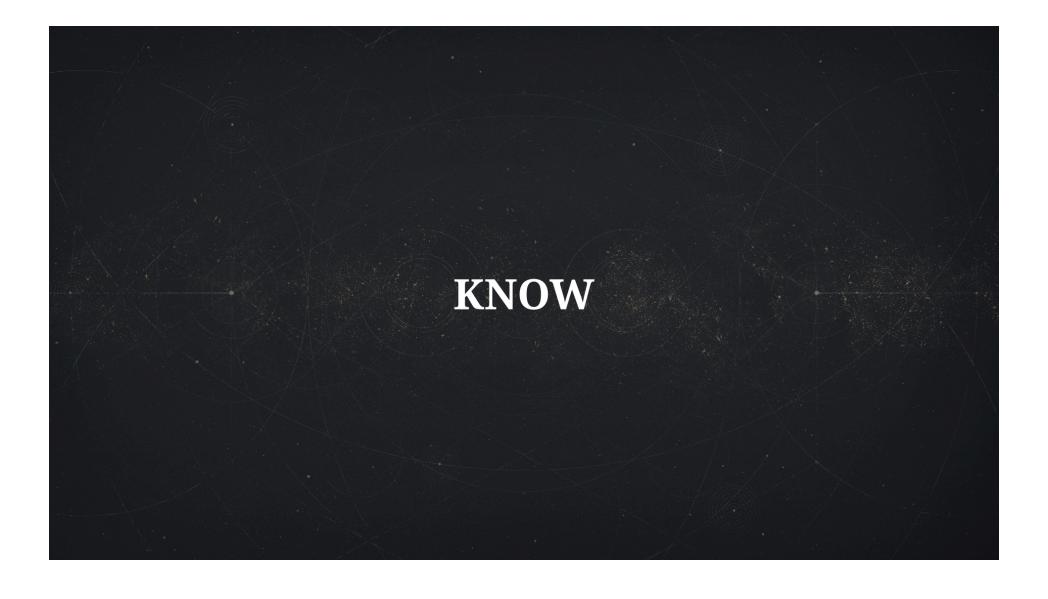
## BELIEVE

Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours.

MARK 11:24

6 But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind. 7 That person should not expect to receive anything from the Lord. 8 Such a person is double-minded and unstable in all they do.

**JAMES 1:6-8** 



14 This is the confidence we have in approaching God: that if we ask anything according to his will, he hears us. 15 And if we know that he hears us—whatever we ask—we know that we have what we asked of him.