

OVERWHELMED

BY JOY

Restore to me the joy of your salvation, and uphold me with a willing spirit.

Psalm 51:12

"Participate joyfully in the sorrows of the world. We cannot cure the world of sorrows, but we can choose to live in joy."

– Joseph Cambell

Though the fig tree should not blossom, nor fruit be on the vines,
the produce of the olive fail and the fields yield no food, the flock
be cut off from the fold and there be no herd in the stalls, yet I will
rejoice in the Lord; I will take joy in the God of my salvation.

Habakkuk 3:17-18

And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh.

Ezekiel 36:26

"Joy is the serious business of heaven."

– CS Lewis

“Discovering more joy does not save us from the inevitability of hardship and heartbreak. In fact, we may cry more easily but we will laugh more easily too. Perhaps we are just more alive. Yet as we discover more joy, we can face suffering in a way that ennobles rather than embitters”

– Bishop Desmond Tutu

For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit.

Romans 8:5

"We are fragile creatures, and it is from this weakness, not despite of it, that we discover the possibility of pure joy."

– Bishop Desmond Tutu

When anxiety was great within me, your consolation brought me joy.

Psalm 94:19

These things I have spoken to you, that my joy may be in you, and that your joy may be full.

John 15:11

"Joy is the infallible sign of the presence of God."

– Pierre De Chardin

Though you have not seen him, you love him. Though you do not now see him, you believe in him and rejoice with joy that is inexpressible and filled with glory,

1 Peter 1:8

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